

Health and Wellbeing Partnership

Improving mental health across the life stages: 15 March 2016

SUMMARY NOTES

Issues with regard to mental health services have been surfacing in many forums and meetings. The Partnership met to consider the local resources, support and services there are available across the life stages and to identify any gaps or particular issues.

Many thanks to everyone who attended and took part on the day

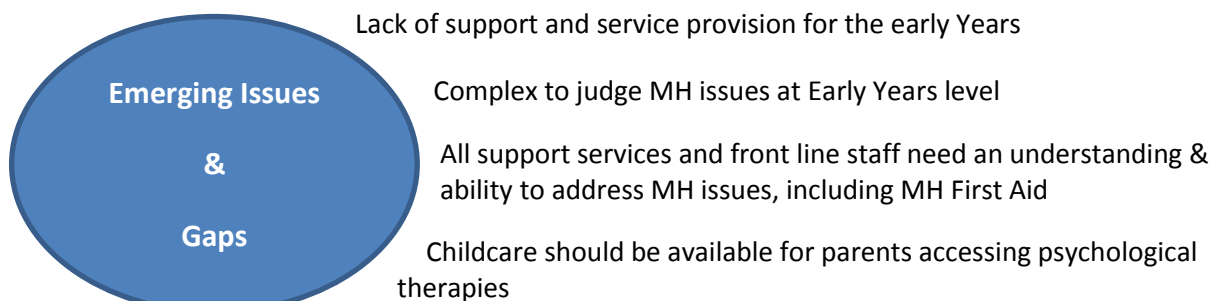
Services Available

The services known to partners present were plotted for each of five life stages: Pregnancy, Birth & Early Years; Childhood; Young Adult / Teen; Working Age and Older people. Services were also separated according to the different tiers; Tier 1 Universal; Tier 2 Targeted and Prevention; Tier 3 Specialist and Tier 4 Highly specialised.

Clearly not an exact science, but the exercise was nonetheless a useful way of seeing the distribution of support currently available. Support seemed to be focussed predominantly around the Working Age group, with an even spread across the Tiers. Much less support seemed to be available for the Early Years, particularly for Tiers 3 and 4.

The general results of this can be seen in the photographs of the workshop in **Appendix** .

Partners noted that finding an easier way for services and service users to find and navigate the available services locally should be developed. The Wellbeing Hubs was suggested as a potential for this and the detailed information gathered, including contact and referral details, is in the process of being uploaded to the [Adur and Worthing Wellbeing website](#). The Services App being developed by the Councils will also be uploaded with the detail. The App will be made available for all front line workers. Services that may have been missed, or which are new, can be added to both the App and the Wellbeing website.



Are children assessed for emotional readiness for school?

Mental Health drop in venues need to be made appropriate for young children (safeguarding)

Support needed for parents coping with teenage behaviour

Appendix 1 - Plotting services through life stages and tiers

I Pregnancy, Birth & Early Years



IV Working Age



II Childhood



V Older Age



III Young Adult / Teen



Appendix II - Participants

Name	Organisation	Name	Organisation
Becca Randell	WSCC MH Commissioner	Allison Anderson	Corner House
Bill Demel	Guild Care	Tom Elsam	Prevention Assessment Team, WSCC
Clive Cavanagh	Worthing Homes	Rani Dhillon	CWSCCG
Dave Simmons	ADC	Iain Adenis	Northbrook
Janice Hoiles	A&WC	Joe Osmond	YMCA
Jo Marshall-Inns	A&WC	Diane Ruban	Health Watch
Joanna Allatt	A&WC	Karon Chamberlain	WSCC
John Mitchell	A&WC	Emma Scrymgeour	Impulse Leisure
Katie Glover	Coastal West Sussex MIND	Katie Wheeler	Impulse Leisure
Lydia Schilbach	WSCC	Caroline Bucksey	WSCC
Roger Lightbown	Independent Lives	Heidi Luck	WSCC
Simon Anderson	Worthing Homes	Kirsty MacMurdie	WSCC
Steph Baxter	WSCC	Steph Lawrence	Corner House
Tina Favier	A&WC	Jenny Edge	Sussex Partnership
Val Turner	WBC		
Howard Bentley	Locality Director (Adur) CWSCCG		