

# Health & Wellbeing Partnership All Ages

Meeting of Wednesday 14th December 2016

2.00 — 4.00 pm

The Gordon Room, Worthing Town Hall

## Minutes

### Present:

Tina Favier (Chair)	Adur and Worthing Councils
Clive Cavanagh	Worthing Homes
John Holmstrom	Worthing Churches Homeless Projects
Val Turner	Worthing Borough Councillor
Emma Bruton	West Sussex County Council
Jacqueline Clay	West Sussex County Council
Roger Oakley	West Sussex County Councillor
Tamsin Solomon	West Sussex County Council
Katie Glove	West Sussex MIND
Linda Nurse	Southdowns Leisure
Anne Corkhill	Coastal West Sussex CCG
Lee Furlong	Central and South CAB
Gabriella Oakley	Community Works
Jacqui Cooke	Adur and Worthing Councils
Norma Ndoping (Mins)	Adur and Worthing Councils

### Apologies:

Caroline Bucksey	West Sussex County Council
Claire Jones	West Sussex County Council
Heidi Luck	West Sussex County Council
Lydia Schilbach	West Sussex County Council
Paul Engelman	West Sussex County Council
Jackie Davey	The Cornerhouse
Vanessa Taylor-Berry	Sussex Community NHS Foundation Trust
Bill Demel	Guild Care
David Simmons	Adur District Councillor
Arjan de Jong	Adur and Worthing Councils
Janice Hoiles	Adur and Worthing Councils
Mary D'Arcy	Adur and Worthing Councils

### 1. Welcome and Introductions

A welcome from the Chair was followed by self-introductions

### 2. Minutes of the previous meeting (28<sup>th</sup> September 2016)

2.1. *Parkrun* (2.2): This is proving very successful.

2.2. *Time to Change Hub* (5.1): A bid was submitted with the endorsement of the Health and Wellbeing Board.

2.3. *Warm & well campaigns update* (5.2):

**Action:** Tina Favier to arrange update for next meeting

2.4. *Presentation by Jacqueline Clay (7.1)*: See item 3, below.

2.5. *Housing and health (7.4)*: The introduction of Universal Credit raises questions about how supported housing is to be funded. £4.2bn of funding is at stake. The Government has put back arrangements and a formal consultation is to be conducted as to how to devolve funds to local authorities. Responses are needed by 13 February 2017. The term supported housing covers support to meet a broad range of needs. There was concern about the withdrawal of certain schemes, such as MyKey, and of daily visits by wardens to sheltered housing. Concerns relative to other aspects of housing were raised; people were staying in private housing of so low a standard as to be a risk to health, and rough sleepers were increasing in number very significantly.

**Action: Tina Favier** to circulate some available relevant data and information

**Action: Tina Favier** to arrange special meeting for end of January 2017 with a view to submission of a response for the Government consultation, and to inform the Councils' new Head of Housing and the recently formed Strategic Housing Group.

**Action: Chair of the Health and Wellbeing Partnership All Ages** to consider how the Partnership can focus on Housing and Health connections over the coming year.

### 3. Short updates

3.1. *STRIVE (Clive Cavanagh)*: A STRIVE programme to support those with chronic pain conditions, is moving in January 2017 from its present base to East Worthing Community Centre. The programme addresses issues of social isolation suffered by people with these conditions. The contact for those seeking this support is Chrissie, telephone number 01903 215799. Katie Glover suggested that with additional funding expected for Time to Talk, it might be that STRIVE could usefully work together with Time to Talk.

3.2. *Community Works (Gabriella Oakley)*: Organisations have had support with funding and development. There has been an event on fundraising and on governance. In January there will be [training on fundraising](#) and an [event for volunteer coordinators](#). In February there will be a [Big Lottery Reaching Communities meet the funder event](#). Safeguarding has been identified as a training need and this will take place later in the year.

### 4. The use of data to establish health and wellbeing needs and prioritise action on them (Powerpoint presentation by Jacqueline Clay)

4.1. Signposts were provided for a wide range of data sources of potential value in establishing health and wellbeing needs locally. It is important to think about how the available data would best be used. Jacqueline recommended first considering three key aspects of the metrics: scale, direction and significance. This should be followed by considering whether there are issues of equity, how timely the information is, how quickly action might be approved and implemented and whether there is anything we can do about it.

- 4.2. Current “red dot” needs in Adur and Worthing had been identified by means of establishing where metrics for these localities are worse than the England average. Jacqueline illustrated how applying the approach she recommended could be used to help decide where interventions might be most effective and how to decide on prioritisation. It is necessary to avoid various pitfalls of interpretation, such as assuming a rise or fall in one year to be the start of a trend, whereas it could in fact be a spike or the reflection of a change in the method of data capture. Benchmarking with areas or organisations can be useful, as can comparison between specific groups.
- 4.3. However, prioritisation involves more than “red dots”. Other issues have to be considered, such as political will, differing perspectives and the need to build consensus.
- 4.4. In this connection, presentation of the information is very important; infographics can be used to structure information in different ways, for example around themes or organisations or life stages.
- 4.5. It is also important to recognise that not everything of value can be measured and not everything that can be measured is of value. At the same time, it is also important to recognise that there are relatively few “un-measurables” and that qualitative information is often at least as valuable as quantitative information.
- 4.6. Discussion revealed an appreciation of the importance of putting into use the insight gained from Jacqueline’s presentation, particularly in the context of “wicked issues”, where success can be achieved only if a number of partners engage with each other. Jacqueline is ready to provide advice.

**Action: Jacqui Cooke** to consult Jacqueline Clay about use of data in relation to the wide-ranging activities of the Communities and Wellbeing Team of Adur and Worthing Councils

**Action: All** to try and identify wicked issues that would benefit from the use of this approach to data by the Partnership

## 5. Health & Wellbeing priorities

- 5.1. *Mental Health – A Life Stage Approach (Katie Glover / Tina Favier)* Tina recapped on a meeting held 15 March on improving mental health across the life stages (Summary notes pre-circulated). Katie (using a Powerpoint presentation) reported on the Families in Mind programme that is addressing some of the issues raised. During the first year of operation in Worthing, 40 women were referred and supported, 70 women were involved in groups and activities and were given information and advice. The initiative started as a circumscribed project with SMART targets but it soon needed to cater for a wider range of clients than originally envisaged; designed for women experiencing postnatal depression, the programme had referrals from women who additionally had pre-existing mental health conditions that needed to be taken into account. Also, though a six week programme was envisaged, some women were reluctant to acknowledge they were experiencing depression or were resistant to engaging in group work, and it was necessary to engage with them for a period beforehand. Others would not countenance

group work. Chat with the clients in Children & Family Centres proved very effective and was highly valued by the Centres, in Bognor, Chichester and in Worthing. Some women could not sustain 6 weeks of participation whereas others sought longer periods of contact. It became apparent that there is great need for a flexible model of parental mental health support and that most mental health services, as well as being overstretched, do not have the child care facilities needed to enable access to the support from mothers with babies. Katie is hopeful that a flexible programme can be extended to more Children and Family Centres. In the course of discussion it was noted that Community Works is seeking views of different organisations in the Community and Voluntary sector on their involvement in Government initiatives and that MIND is working with Guild Care on mental health of the elderly.

**Action: Katie Glover** to arrange circulation of a film with feedback from some clients.

5.2. *Social isolation and loneliness (Bill Demel)*

**Action: Tina Favier** to arrange for this to be carried forward to the next meeting.

## 6. Key Health & Wellbeing Programmes

6.1. *Going Local (Tina Favier / Gabriella Oakley)* Much of last year was taken up with gathering funding for the social prescribing project. Adur and Worthing are one of few CCGs to support in this way. Three community referrers have been operating in GP surgeries for nearly 6 weeks. They have received 42 referrals, mostly from Durrington and Fishersgate, of which 31 are currently active (with 3 closed, and 8 in course of initial contacts being made). GPs have expressed great satisfaction with the scheme. Community Works has been telling organisations about Going Local and gathered opinions from them at a consultation event. Organisations raised issues around capacity and sought clarification on associated funding and on evaluation.

6.2. *Wellbeing Programme (Jacqui Cooke)*

**Action: Tina Favier** to arrange for this to be carried forward to the next meeting.

## 7. Date of Next Meeting

[Sec Note: There was need to change the date agreed. Please hold the date 05 April 2017 at 14:00 for a possible meeting in Worthing Town Hall Gordon Room.]